

## **Nursing caring education influences the next generation of nurses**

Background-Student nurses don't always understand the importance of being a caring nurse. Vital signs are not only to know the blood pressure and heart rate of patient, but it offers us the opportunity to talk and make eye contact with patients.

Method- As a bedside nurse and a clinical educator, I emphasize the simple fundamental caring actions. While being professional on all levels from the micro level of patient to nurse contact to high-tech level monitoring. I emphasize that in every clinical practice that students perform must be accompanied with a caring moment. I stress that when assisting a sick patient during meal time, the nurse converses with the patient in order to promote the patient to eat for a longer period of time. It is appropriate to peel an apple and give it to a patient with smile; the simplest action that we can make. I am so convinced that we as nurses are so transparent in front of our patient through our actions; meaning that they knew who is a caring nurse and who is not, regardless of how much the nurse is skillful and efficient in his work. I always give an example to students; a simple daily task: applying a cannula. The patient might accept several failed trials of applying a cannula from a nurse who simply talks and listens to him and smiles in his face, while refusing it from a gloomy or sulky nurse who can do it from the first trial.

From caring evolves courage. Every nursing technical practice must become a caring moment between patient and nurse. I BELIEVE THIS AS A BASIC Fundamental issue in nursing.

Results- The hundreds of students that I have educated have been touched by my influencing impact on their perception of every nursing clinical practice to be a basic fundamental caring moment.

Conclusion- I have always wanted to be a positive influence to others and to show the caring part of my profession. With the extensive nursing experience that I have, I wanted to share it to the next new generation of nurses through demonstrating caring behaviors. I believe that we always have to help our young nurses to grow and follow the path to successfully care for their patients. I am an ambassador of promotion of nursing caring from the most fundamental level to the highest theory. The next generation of nurses which I have educated will be caring as well as professional nurses.